

Healthcare Science Career of the Week

Allied Health Professional Dietician

AMAZING FACT: It's not all about food! These guys & gals work on areas such as psychology, sociology & education.

You seriously have to be a people person for this career. You also have to be a good motivator, listener and be able to explain things to your patients clearly so they can make changes to their diet and lifestyles.

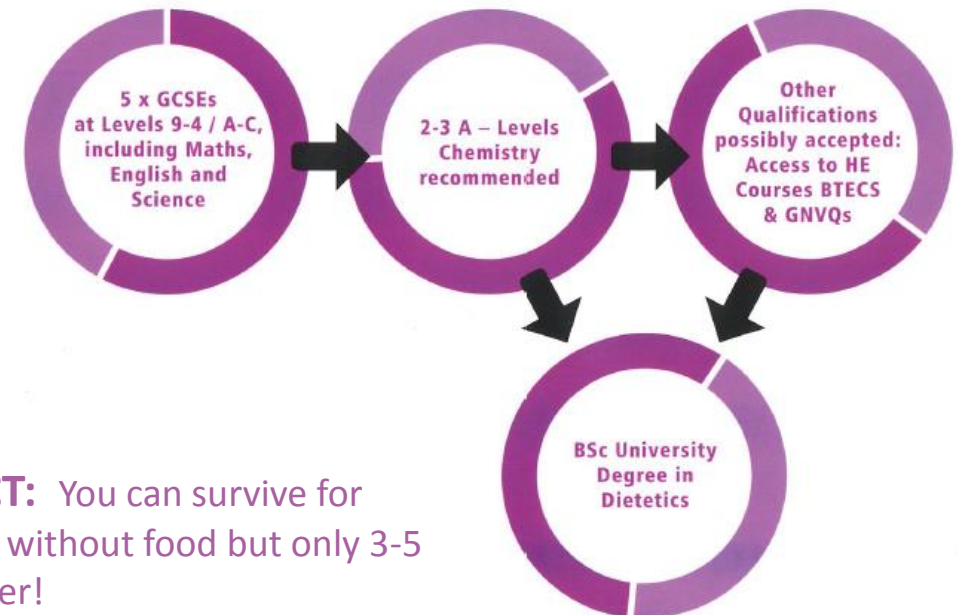
As a dietician you could be working with the general public giving health & diet talks or working one on one with a patient to provide a personalised diet plan.

And it's not all about losing weight either. A patient's diet can impact on recovery from surgery, or it could be to avoid allergies to different foods, help manage eating disorders or manage conditions such as diabetes.

Some dieticians work with stats and numbers to provide advice to government and organisations on the benefits & safety of different foods in society.



What to do to get into this career...



AMAZING FACT: You can survive for around 2 months without food but only 3-5 days without water!