

BTEC Extended Certificate in Sport (Level 3) Equivalent to one A Level

Examination Board: Pearson Edexcel

Entry Requirements:

Minimum of a Grade 5 (C) in English Language, C in Science and a C in GCSE PE Theory. You do not need to have covered GCSE PE although this would be an advantage. You will also be expected to be taking part in one team sport or one individual activity at a good level.

Why study BTEC Sport?

This qualification is equivalent to one A Level. It has been designed as part of a two-year programme. This qualification is aimed at learners looking to progress to employment in sports performance or the sports industry. This qualification supports learners to progress to a career in sports performance, and recognises other related progression opportunities should learners not progress at an elite level. This qualification will prepare the learner for studying sport or similar courses at degree level.

Course Content:

Unit 1: Anatomy and Physiology

Unit 2: Fitness Training and Programming for Health, Sport and Well-being

Unit 3: Professional Development in the Sports Industry

Unit 4: Sports Leadership

Unit 6: Sports Psychology

Assessment:

Unit 1: Anatomy and Physiology

- Written examination set and marked by Pearson
- 1.5 hours (90 marks)

Unit 2: Fitness Training and Programming for Health, Sport and Well-being

- A task set by Pearson and completed under supervised conditions.
- A case study with written submission (60 marks)

All other units are coursework based tasks that are internally marked.

Future Uses:

Physiotherapy, Personal Trainer, Sports Dietician, Sports Coach, Physical Education Teaching, Sports Official, Sports Psychologist, Sports journalist, Sports Photography, Sports Marketing and many more...