



MR MARTIN BONNER - BA (Hons); PGCE; M.A.Ed.
Head Teacher

St Francis of Assisi Academies Trust: 08462151
Diocese of Northampton

Friday, 1st November 2019

Dear Parents/Guardians,

Allergies/Nuts in School

We have an increasing number of students and staff at St Thomas More who suffer from food allergies and intolerances. Additionally, there are many who have food preferences, this may be for many reasons including religion and personal beliefs.

Although NO school could guarantee a truly allergy-free environment for a student or staff member with an allergy, here at St Thomas More all food prepared in our canteen is done so in a Nut Free Environment.

Allergy UK and the national organisation, Anaphylaxis Campaign, believe that a 'whole school awareness of allergies' is the best approach. By understanding what to do if you have an allergic reaction or see someone else have one, risk can be minimised and situations can be promptly dealt with in the most appropriate way.

Therefore, we would like to make some recommendations with the following:

- Nuts and products containing nuts should not be brought into school at any time, and should be avoided in packed lunches.
- Nuts and products containing nuts must not be taken on school trips or to sports fixtures. Nuts and products containing nuts must not be consumed on transport between venues when students are away from school – the aim of this is to reduce the risk of an airborne allergic reaction and cross-contamination.
- Students with allergies should be encouraged to **not** accept snacks from friends.
- Use of food in crafts, cooking classes, science experiments and special events (e.g. fetes, assemblies, cultural events) needs to be considered and may need to be restricted/risk assessed by the school.

We would like to thank you for your cooperation and support in the above.

Best wishes,

Martin Bonner
Head Teacher